

SPEAKER SHEET

C. Maria DeLaLuz

AUTHOR · SURVIVOR · MENTOR · ADVOCATE



NEW MEMOIR · LAUNCHING DECEMBER 8, 2026

The Light After

A Journey from Darkness
to Light, Hope, and Healing

Foreword by Dr. Charli Brown, EdD

C. Maria DeLaLuz is a survivor, mentor, and advocate for healing, known for her ability to create safe, grounded spaces where others can begin to process their stories. With over 25 years of experience leading in industries centered on care and human connection, including senior living, hospice, and community-based support, she brings both strength and compassion to her work.

Throughout her life, C. Maria has walked through seasons that required resilience, faith, and the quiet courage to rebuild. Her journey has shaped her deep commitment to helping others move from survival into healing. *The Light After: A Journey from Darkness to Light, Hope, and Healing* was born from that lived experience, a survivor's memoir and fourteen-week guided journey for anyone ready to stop merely surviving and begin to heal. Her work is rooted in faith, authenticity, and the belief that even after the darkest chapters, light is still possible.

Topics I Speak On

01 Breaking the Cycle: Overcoming Generational Trauma

02 From Victim to Survivor: Claiming Your Identity in God

03 Finding Light in the Darkness: God's Presence Through Trauma

04 Healing Through Faith and Forgiveness

05 Practical Steps for Emotional and Spiritual Restoration

06 Empowering Women and Families to Protect and Nurture

Suggested Questions

1. What inspired you to write this book?
2. Can you provide some background information on the topic of your book?
3. What is the main message or takeaway of your book?
4. How does your book contribute to the existing knowledge of the topic?
5. Were there challenges you faced while writing this book?
6. What advice do you have for other aspiring authors?
7. Are there any future projects or books you are working on?
8. Is there anything else you would like readers to know about your book?

Formats Keynote • Workshop or breakout • Retreat sessions • Panel or conversation • Available in person or virtually.

Audiences Churches and women's ministries • Conferences and retreats • Survivor, recovery, and support communities • Healthcare, hospice, and senior care teams • Nonprofits and community organizations

Book C. Maria to Speak

INQUIRE cmariadelaluz.com/speaking

EMAIL media@cmariadelaluz.com